

Treatment Progress Update



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Patient Name: Patient X

Date of Birth: 1/1/1995

Date of initial session or group: 12/1/2008

Dates of Summary: *from 12/1/2008 to 1/19/2009*

Type of Treatment Progress Summary:

Probation Request

Client Attended All Required Treatment Sessions During This Review Period:

Yes No - Dates missed:

Total number of all scheduled sessions during this review period: 6

Overall Treatment Progress Toward Treatment Goals:

Patient Made Satisfactory Progress Toward Goals

Primary Tx Modality: Individual Therapy

Scheduled Frequency: Weekly

Secondary Tx Modality: None

Scheduled Frequency: None

Narrative Summary of Treatment Progress (individual and group):

Patient X has attended all required therapy sessions during this review period. Patient X is compliant and cooperative with treatment. Patient X is an active participant and is talkative during treatment sessions.

The focus of treatment for this review period has been relapse prevention. The patient demonstrates an understanding of salient concepts to reduce triggers to relapse. Patient X demonstrates a capacity for introspection and states a desire to improve life circumstances.

Forthcoming treatment sessions will continue salient concepts of relapse prevention and internalization of same.

Signature: _____

Date: 1/19/2009